

## Do you want - have. . ?

Do you want: - More money  
Better Relationships  
Increase the quality of your life  
Better life and less stress

Do you have:  
Stubborn Weight - Slow Metabolism  
Fatigue  
Sleep Disturbances  
Cravings - Overeating  
Emotional: Anxiety-Depression -Stress  
Joint or Muscle Pain  
Inflammation & Stiffness  
Female Problems  
Fertility issues  
Respiratory symptoms  
Sinus problems  
Urinary problems  
Digestive - Bowel Problems  
Skin eruptions & Itching  
Blood pressure - Cholesterol  
Blood sugar (low or high)  
Mental clarity problems  
Allergies - Immunity and Resistance  
Thyroid or heart problems



## What's my next step?

**Call Now (978) 682-0200**  
**Attend a FREE Workshop:**  
**Space is limited. Register Today.**

Free seminars:

- 1 - Live Rich
- 2 - Health and Wellness
- 3 - Relationships
- 4 - Happy Women
- 5 - For Health Professionals

\*See inside for details

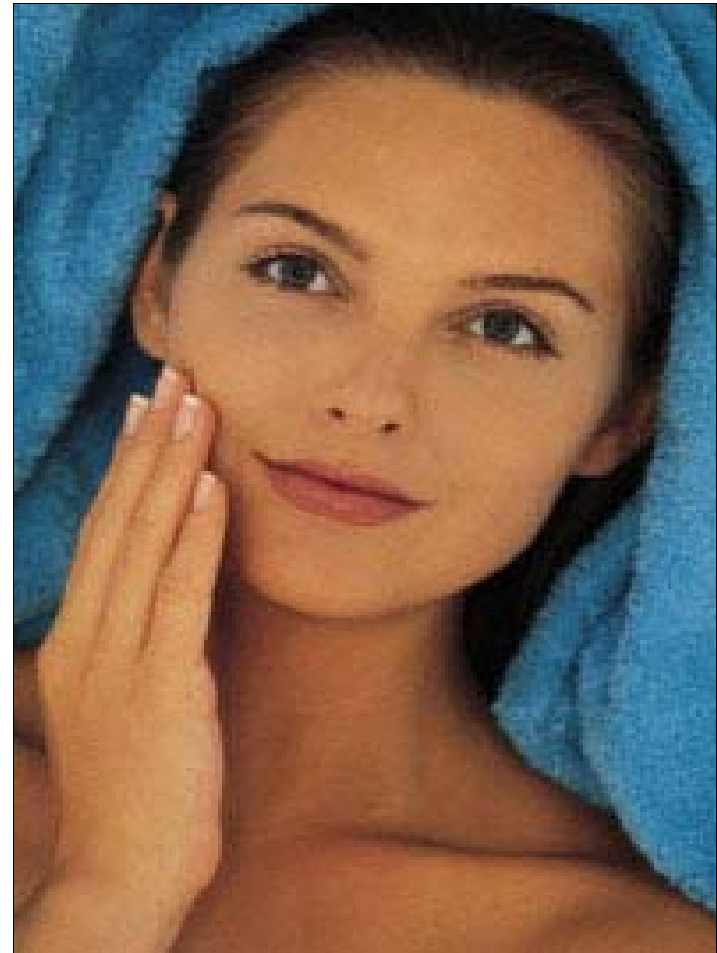


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Eirini Beikousi leads workshops on health, wellness, emotional health, relationships and financial freedom. [She has experience and degrees in business, economics, natural health, nutrition, mind-body health and wellness care.](#) Eirini Beikousi has an Economics degree from Boston University, a Master of Science in Holistic Health Care and is and N.D. and PhD candidate.

Eirini Beikousi, M.S., C.H.H.P., N.C. is an Elite Master Practitioner in Bio-Energetic Synchronization Technique (B.E.S.T.) and Body Restoration Technique™ (BRT). [B.E.S.T. & BRT are light-touch wellness techniques that remove interference \(accumulated stress\), so the body can heal itself and return to a state of optimal wellness.](#)

Natural Health Services provides corrective and preventive healthcare for individuals and families in the United States.



live rich

## Live Rich



**D**o you want financial freedom?

Do you secretly crave financial independence?

Are you afraid to admit that you want success in

all aspects of your life?

Discover how to have a prosperity consciousness. How you think (inside) manifests on the outside. Discover how to be rich in all areas of your life: financial, health, wellness and happiness in all your relationships. Discover how to update your thinking so you can “Live Rich”.

The “Live Rich” program will inspire clarity in your life by recognizing and addressing fear and imbalance, thus allowing you a clear path to living your life to its fullest - right now.

Specifically designed to help with the day-to-day stresses of your life, this seminar teaches you to look inside for answers rather than depending on outside intervention. By challenging outdated beliefs and identifying emotional blocks, which are keeping you from living your BEST life, this program offers both a transformational and engaging experience.

## Health & Wellness

Did you know that when you will need \$200,000 to \$300,000 for your medical bills after retirement?

With “Discover Wellness” you learn how to look at wellness vs. disease care. Learn how wellness will make you rich. Today everyone focuses on getting rid of disease and yet we have more of it than ever.

Let us focus on gaining back health rather than waiting for illness to strike: heart attacks, strokes, cancer, etc. seem to come on rapidly, yet they were building up for years. Doctors say that heart disease starts now in pre-teens. Learn what your body is doing behind the scenes and how to look at staying well. We will discuss the healthy mindset and staying well vs. avoiding disease.

Most people are either emotionally (stress—past or present) and physically sick and then it carries over into their financial and personal lives.

We address emotional, physical and financial health. They go hand in hand. Would like to know where to begin?

Call us now - (978) 682-0200.

We look forward to speaking with you today.



**NATURAL**  
*Health Services*

## Happiness & Love

### Relationships

**A**re you happy in your relationships with your family: spouse, partner, children, other family members and friends. Do you always look forward to seeing them? Are holidays stressful times because of strained relationships. Discover ways to be happy and fulfilled in all your relationships at our: “Live Well” Seminar.

Singles: check out our “Find the One” Seminars, for men and women, to discover how to best attract that special someone, so you are no longer alone.



### Happy Women

“Live Rich” is a mindset for all aspects of life: financial, health and family. Women have high stress levels today. We offer a special seminar for you.

The **live rich** program produces measurable results through the instruction and use of a new system of body balancing and emotional updating, which benefits your professional, personal and spiritual lives. Live Rich seminars help to remove stress that is holding you back from living a rich, healthy and happy life.

Call today - (978) 682-0200