



Are your **HORMONES** preventing **Weight Loss**

FREE SEMINAR - Call right now!

Speed up your WEIGHT LOSS!
LOOK good in your CLOTHES again!
Get your self-CONFIDENCE BACK!
Improve your ENERGY & SLEEPLESSNESS!

- ✓ Learn how hormones can distort your mid-section into a **large stomach** and prevent weight loss even with exercise or dieting.
- ✓ Learn **4 body shapes** relating to hormone imbalance.
- ✓ Find out WHY you initially lose weight on any DIET but within 2-4 weeks it becomes nearly impossible.
- ✓ Find out what's really behind "**waking up**" between **2:00 am - 5:00 am** every night.
- ✓ Learn the 5 SOURCES of **FATIGUE** and **BRAIN SLEEPINESS** and what you can do to improve this.
- ✓ Find out why PAIN and INFLAMMATION in the KNEES, SHOULDER, BACK, NECK and FINGERS can get "stuck" in the body and become chronic (long-lasting).
- ✓ See a live "before and after" demonstration of a highly effective, non-invasive quick result technique.
- ✓ Learn the most important thing to avoid (besides sugar) to lose weight.
- ✓ Find out what your body is specifically telling you when you **CRAVE?**

Come to this very interesting seminar!!! Bring a pen & note pad

CALL NOW 978 682 0200

LIMITED SEATING

380 Merrimack Street, Methuen, MA
Natural Health Services
Irene Beikoussis, M.Sc, CHHP, NC

I've Lost 31 pounds in 6 ½ weeks!

"This is the first thing that has worked for me. I've spent thousands on personal trainers, books, diets, pills – you name it. This has been quick, all natural and not hard"
– *Marge Abrahamian*